Alaska District Church of the Nazarene NYI



Resurrection Trail Application

Register online at: www.AlaskaNYI.org

Monday - Saturday June 10-15, 2024

Cost \$25 if postmarked by June 1st, 2024. \$35 if postmarked later. All fees are <u>NON-REFUNDABLE</u> Eligibility: Hikers must have completed grades 8, 9, 10, 11 or 12 during the 2023-2024 School Year.

Hiker's Name		Age on 6/10/2024		
Address		Gr. (2023 - 2024)		
City State Zip		Home Phone		
Home Church		Emergency Phone		
Email		Paid \$		
Tent Partner		'		
Describe any p	hysical problems this hiker may have.			
I give my perm	ission for			
	the Resurrection Trail Hike, June 10-15, 2024. I auf necessary emergency medical treatment.	thorize the Trail Sta	ff to act on my	
	Signed	Relationship to Hiker		
responsible for	l begin on <mark>Monday, June 10th at the Hope Trail hea</mark> transportation for their own hikers. The Hike will o	end at the Cooper La	nding Trail head	

served at the end of the Trail. This meal is included in the Hiker's fee. No public displays of affection or two piece swimsuits. Be prepared to haul out any personal trash that you accumulate on the Trail.

HIKERS ARE RESPONSIBLE FOR THEIR OWN FOOD & TENTING ARRANGEMENTS.

Register online at AlaskaNYI.org or by mail. Checks payable to: Alaska District NYI. Mail applications and fees to:

Bill Elam • 47320 Jefferson Ave, Soldotna, AK 99669 • bill.elam@me.com

Monday	Tuesday	Wednesday	Thursday	Friday
Caribou Creek	Pass Area	Swan Lake	Swan Lake	Juneau Falls

RESURRECTION TRAIL SUGGESTED GEAR LIST

PACK WEIGHT MUST BE ONE THIRD OF YOUR BODY WEIGHT OR LESS & CANNOT EXCEED 50 POUNDS!!

DO NOT BRING HEADPHONES: Phones can be used to take pictures

- 1. Sleeping Gear
 - cold weather sleeping bag (0° bag is recommended) (in waterproof stuff sack)

sleeping pad

- 2. Extra Clothing
 - rain gear
 extra pair of light weight camp shoes
 hiking socks and lightweight socks
 underwear, pants, shirt or sweatshirt
 hoodie, insulated vest or jacket
 gloves, hat
- 3. Cooking and Eating Gear/Mess Kit plate (or bowl), cup pan, knife, fork and spoon water bottle and water purification tablets or pump sponge in zip-lock bag
- 4. Personal Gear
 - toothbrush, toothpaste, shampoo soap in plastic box or bag hand towel, toilet paper (in waterproof bag) pocket knife Bible

- 5. Items to be shared with a friend
 (You carry part and friend carries part.)
 tent, stove, fuel, cooking pot, trowel
- 6. Safety Items
 - matches in a waterproof container moleskin, band-aids (or small first-aid kit) extra medication (if you use medication) mosquito repellent
- 7. Miscellaneous
 - large zip-lock bags (to keep food in & gear dry) pack cover or large plastic bag to cover back pack sun screen food, snacks for along trail coffee, hot chocolate, lemonade mix, etc.. frame back pack, good quality with hip belt hiking boots, good quality well broken in
- 8. Nice to have (if you can carry it all)
 wash-n-dries
 notebook and pen or pencil
 air pillow
 nylon line, folding saw
 flashlight (it is June in AK so not too dark)

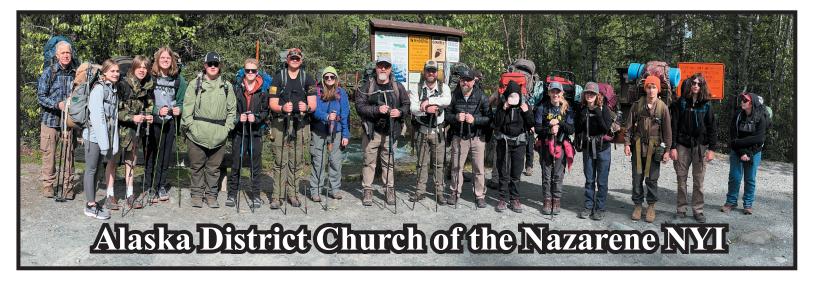


The Hike will begin on Monday, June 10th at the Hope Trail head at 9:00 AM. Each church will be responsible for transportation for their own hikers. The Hike will end at the Cooper Landing Trail head on Saturday, June 15th at 11:00 AM. Plan to pick up your hikers at that time. Hamburgers, etc., will be served at the end of the Trail. This meal is included in the Hiker's fee. No public displays of affection or two piece swimsuits. Be prepared to haul out any personal trash that you accumulate on the Trail.

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Bill Elam ● 47320 Jefferson Ave, Soldotna, AK 99669 ● bill.elam@me.com



To: All Hikers and Church Leaders

From: Bill Elam (Trail Boss)

Date: April, 2023

I have been asked to lead this years Resurrection Trail Hike. A **non-refundable \$25 registration fee** must be included with a Rez Trail application by mail or online at www.AlaskaNYI.org by **June 1st 2024**. Any applications in after that date will be charged a **\$35 registration fee**. The hike is open to teens who have completed grades 8 through 12 during the 2023–2024 school year. There will be a limit of 30 student hikers allowed on the Trail. If more than 30 applications are received, participants will be selected on a "first-come, first-served" basis.

ONLY adults APPROVED by the trail boss will be allowed to go on the trail & will also be charged the \$25 registration fee. All adults must have a background check done by the Alaska Nazarene District and compleat the Ministry Safe sexual abuse awareness training in order to be allowed on the hike.

Please keep in mind that adults going on the hike will also serve as teen counselors.

My primary concern on this trip is that it will be safe. The greatest danger that we face on this trip will be hypothermia. **Please** be sure that your campers have high-quality rain gear, sleeping bags and tents. (Not necessarily expensive gear, but high-quality gear.) <u>It is imperative that each local church arrange a gear inspection</u> for each of its hikers. A suggested gear list is attached to the Trail Application.

Overly heavy packs pose another hazard. Hikers who become exhausted because of excessive pack weight will not only have an unpleasant hiking experience but can also be a burden on the other hikers who end up carrying the "tired" hiker's gear. Due to this problem, hikers and packs will be weighed at the Trail head. Packs are to weigh one third or less of the hikers body weight and cannot exceed 50 pounds. Overweight packs will be whittled down at the Trail head.

We will meet at the Trail head in Hope, AK at 9:00 AM on Monday, June 10th 2024. We plan to end the hike at the Cooper Landing Trail head at 11:00 AM on Saturday, June 15th. Lunch will be served at the end of the hike. Non-hikers who wish to eat lunch with the group will be charged a \$5 fee to cover the cost of the food.

All local churches are responsible for transportation to and from the Trail heads.

Hikers are responsible for their own tenting arrangements. No public displays of affection or two-piece swimming suits. Please emphasize with your hikers the need for them to cooperate with the Resurrection Trail Staff. If you have any questions or comments please call me at 907-690-4339 or email at bill.elam@me.com, or write to me at 47320 Jefferson Ave. Soldotna, AK 99669.